



# St. Matthew's Episcopal Church

A Neighborhood Church with a Worldwide Community

PENTECOST SUNDAY  
THE BAPTISM OF LILA TUTTLE  
May 19, 2024, 10:30 a.m.

*Please stand if you are able during the portions indicated by a +. The congregation is invited to say the words in **bold** and to sing along to the music printed in the bulletin or in the red hymnals in the backs of the pews.*

*Please be aware that we live-stream our services on Facebook and your image may appear in the video.*

*If you do not want your image to appear, please speak to an usher.*

## GATHERING

### + Opening Hymn

"Hail Thee, Festival Day"

Hymnal #225

### + Acclamation

Alleluia. Christ is risen.

**The Lord is risen indeed. Alleluia.**

### + Welcome

### + Collect of the Day

The Lord be with you.

**And also with you.**

Let us pray.

Almighty God, on this day you opened the way of eternal life to every race and nation by the promised gift of your Holy Spirit: Shed abroad this gift throughout the world by the preaching of the Gospel, that it may reach to the ends of the earth; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. **Amen.**

## WORD *Please be seated.*

### First Lesson *Acts 2:1–21*

When the day of Pentecost had come, the disciples were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability.

Now there were devout Jews from every nation under heaven living in Jerusalem. And at this sound the crowd gathered and was bewildered, because each one heard them speaking in the native language of each. Amazed and astonished, they asked, "Are not all these who are speaking Galileans? And how is it that we hear, each of us, in our own native language? Parthians, Medes, Elamites, and residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya belonging to Cyrene, and visitors from Rome, both Jews and proselytes, Cretans and Arabs—in our own languages we hear them speaking about God's deeds of power." All were amazed and perplexed, saying to one another, "What does this mean?" But others sneered and said, "They are filled with new wine."

But Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. No, this is what was spoken through the prophet Joel:

'In the last days it will be, God declares,  
 that I will pour out my Spirit upon all flesh,  
 and your sons and your daughters shall prophesy,  
 and your young men shall see visions,  
 and your old men shall dream dreams.  
 Even upon my slaves, both men and women,  
 in those days I will pour out my Spirit;  
 and they shall prophesy.  
 And I will show portents in the heaven above  
 and signs on the earth below,  
 blood, and fire, and smoky mist.  
 The sun shall be turned to darkness  
 and the moon to blood,  
 before the coming of the Lord's great and glorious day.  
 Then everyone who calls on the name of the Lord shall be saved.'"

Hear what the Spirit is saying to God's people.  
**Thanks be to God.**

**Psalm 104:25-35, 37** (*please remain seated ~ congregation sings **bold** text*)



J Michael Compton.

O LORD, how manifold /are your works! \*  
 in wisdom you have made them all; the earth is /full of your creatures.  
 Yonder is the great and wide sea with its living things too man-/y to number, \*  
 creatures both /small and great.

**There move the ships, and there is /that Leviathan, \***  
**which you have made for the /sport of it.**  
**All of them /look to you \***  
**to give them their food /in due season.**

You give it to /them; they gather it; \*  
 you open your hand, and they are /filled with good things.  
 You hide your face, and /they are terrified; \*  
 you take away their breath, and they die and return /to their dust.

**You send forth your Spirit, and they /are created; \***  
**and so you renew the /face of the earth.**  
**May the glory of the LORD en-/dure for ever; \***  
**may the LORD rejoice in /all his works.**

He looks at the earth /and it trembles; \*  
 he touches the mountains /and they smoke.  
 I will sing to the LORD as long /as I live; \*  
 I will praise my God while I /have my being.

**May these words /of mine please him; \***  
**I will re-/joice in the LORD.**  
**Bless the LORD, /O my soul. \***  
**Hal-/lelujah!**

*The Psalms are prayers and songs to God from ancient Jewish worship that speak so powerfully to the human condition that they were incorporated into the Bible. Sometimes, they lift up voices of joyful praise. Other times, they speak from the places of deepest lament and sorrow.*

## Second Lesson *Romans 8:22–27*

We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

+ **Gospel Acclamation** "Come, Holy Ghost, Our Souls Inspire"

*Hymnal #504*

+ **Gospel Reading** *John 15:26–27, 16:4b–15*

The Holy Gospel of our Lord Jesus Christ according to John.

**Glory to you, Lord Christ.**

Jesus said to his disciples, "When the Advocate comes, whom I will send to you from the Father, the Spirit of truth who comes from the Father, he will testify on my behalf. You also are to testify because you have been with me from the beginning.

"I did not say these things to you from the beginning, because I was with you. But now I am going to him who sent me; yet none of you asks me, 'Where are you going?' But because I have said these things to you, sorrow has filled your hearts. Nevertheless I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Advocate will not come to you; but if I go, I will send him to you. And when he comes, he will prove the world wrong about sin and righteousness and judgment: about sin, because they do not believe in me; about righteousness, because I am going to the Father and you will see me no longer; about judgment, because the ruler of this world has been condemned.

"I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you."

The Gospel of the Lord.

**Praise to you, Lord Christ.**

**Homily**

Chris Lilley

*followed by silence*

## **HOLY BAPTISM**

Candidate: Lila Karis Story Tuttle (born November 21, 2023)

Parents: Mariana and Cody Tuttle

Godparents: Margaret Whitworth and James Lucas

**Presentation of the Candidate** (*parents and godparents say italicized text; congregation says **bold** text*)

The Candidate for Holy Baptism will now be presented.

*We present Lila Karis Story Tuttle to receive the Sacrament of Baptism.*

Will you be responsible for seeing that the child you present is brought up in the Christian faith and life?  
*I will, with God's help.*

Will you by your prayers and witness help this child to grow into the full stature of Christ?  
*I will, with God's help.*

Do you renounce Satan and all the spiritual forces of wickedness that rebel against God?  
*I renounce them.*

Do you renounce the evil powers of this world which corrupt and destroy the creatures of God?  
*I renounce them.*

Do you renounce all sinful desires that draw you from the love of God?  
*I renounce them.*

Do you turn to Jesus Christ and accept him as your Savior?  
*I do.*

Do you put your whole trust in his grace and love?  
*I do.*

Do you promise to follow and obey him as your Lord?  
*I do.*

Will you who witness these vows do all in your power to support Lila in her life in Christ?  
**We will.**

#### + **The Baptismal Covenant**

Let us join with Lila and renew our own baptismal covenant.

Do you believe in God the Father?  
**I believe in God, the Father almighty, creator of heaven and earth.**

Do you believe in Jesus Christ, the Son of God?  
**I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.**

Do you believe in God the Holy Spirit?  
**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, forgiveness of sins, the resurrection of the body, and the life everlasting.**

Will you continue in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers?  
**I will, with God's help.**

Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?  
**I will, with God's help.**

Will you proclaim by word and example the Good News of God in Christ?  
**I will, with God's help.**

Will you seek and serve Christ in all persons, loving your neighbor as yourself?  
**I will, with God's help.**

Will you strive for justice and peace among all people, and respect the dignity of every human being?  
**I will, with God's help.**

## + Prayers for the Candidate

Let us now pray for Lila, who is to receive the Sacrament of new birth.

Deliver Lila, O Lord, from the way of sin and death.

**Lord, hear our prayer.**

Open her heart to your grace and truth.

**Lord, hear our prayer.**

Fill her with your holy and life-giving Spirit.

**Lord, hear our prayer.**

Keep her in the faith and communion of your holy Church.

**Lord, hear our prayer.**

Teach her to love others in the power of the Spirit.

**Lord, hear our prayer.**

Send her into the world in witness to your love.

**Lord, hear our prayer.**

Bring her to the fullness of your peace and glory.

**Lord, hear our prayer.**

Grant, O Lord, that all who are baptized into the death of Jesus Christ your Son may live in the power of his resurrection and look for him to come again in glory; who lives and reigns now and for ever. **Amen.**

## Thanksgiving over the Water

The Lord be with you.

**And also with you.**

Let us give thanks to the Lord our God.

**It is right to give God thanks and praise.**

We thank you, Almighty God, for the gift of water. Over it the Holy Spirit moved in the beginning of creation. Through it you led the children of Israel out of their bondage in Egypt into the land of promise. In it your Son Jesus received the baptism of John and was anointed by the Holy Spirit as the Messiah, the Christ, to lead us, through his death and resurrection, from the bondage of sin into everlasting life.

We thank you, Father, for the water of Baptism. In it we are buried with Christ in his death. By it we share in his resurrection. Through it we are reborn by the Holy Spirit. Therefore in joyful obedience to your Son, we bring into his fellowship those who come to him in faith, baptizing them in the Name of the Father, and of the Son, and of the Holy Spirit.

Now sanctify this water, we pray you, by the power of your Holy Spirit, that those who here are cleansed from sin and born again may continue for ever in the risen life of Jesus Christ our Savior.

To him, to you, and to the Holy Spirit, be all honor and glory, now and for ever. **Amen.**

## The Baptism

Lila Karis Story, I baptize you in the Name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Lila, you are sealed by the Holy Spirit in Baptism and marked as Christ's own for ever. **Amen.**

Heavenly Father, we thank you that by water and the Holy Spirit you have bestowed upon Lila the forgiveness of sin, and have raised her to the new life of grace. Sustain her, O Lord, in your Holy Spirit. Give her an inquiring and discerning heart, the courage to will and to persevere, a spirit to know and to love you, and the gift of joy and wonder in all your works. Amen.

Let us welcome the newly baptized.

**We receive you into the household of God. Confess the faith of Christ crucified, proclaim his resurrection, and share with us in his eternal priesthood.**

Lila, let your light so shine before all people that they see your good works and glorify your Father in heaven.

+ **Peace**

The peace of Christ be always with you.  
**And also with you.**

**Announcements**

**TABLE**

+ **Offertory**

Let us walk in love as Christ loved us and gave himself for us, an offering and sacrifice to God.

“Love in Any Language”

words and music by Sandy Patti

*Je t'aime, Te amo, Ya tibya lyublyu,*  
*Ani ohevet otkha,* I love you.

The sounds are all as different as the lands from which they came,  
and though our words are all unique, our hearts are still the same.

Love in any language, straight from the heart  
pull us all together, never apart.  
And once we learn to speak it, all the world will hear  
love in any language fluently spoken here.

Teach the young our differences, yet look how we're the same;  
We love to laugh, we dream our dream, we know the sting of pain.  
From Leningrad to Lexington the farmer loves his land,  
and parents all get misty-eyed to give their child's hand.

+ **Eucharistic Prayer**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

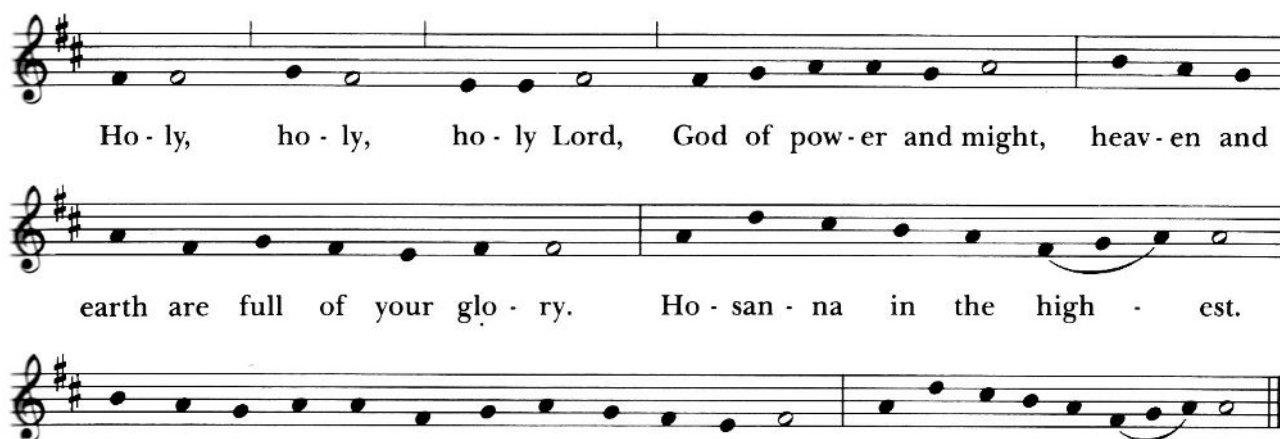
Let us give thanks to the Lord our God.

**It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord. In fulfillment of his true promise, the Holy Spirit came down on this day from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to your Church the power to serve you as a royal priesthood, and to preach the Gospel to all nations.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

+ Sanctus and benedictus



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Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

+ The Lord's Prayer

As our Savior Christ has taught us, we now pray:

**Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

+ The Breaking of the Bread

## + Fraction Anthem



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## + Invitation to Communion

The table of bread and wine is now made ready. It is the table of company with Jesus and all those who love him. So come to this table you who have much faith, and you who would like to have more. You who have been to this sacrament often and you who have not been in a long time. You who have tried to follow Jesus and you who have failed. Come, it is Christ who invites us to meet Him here.

## Communion

*All are welcome at Christ's table. Please come forward to receive communion. If you cannot come forward for communion, please let an usher know and a clergy person will come to you.*

*We offer bread broken from a common loaf and wine from a common cup. The church teaches that you have received fully if you only receive the bread. If you choose to receive the wine, you are encouraged to drink directly from the common cup rather than to dip.*

*There are also individually-wrapped gluten-free wafers and a pewter chalice reserved for gluten-free. Please indicate to the clergy if you would prefer this option.*

*If you would like the prayer team to pray for you, another person or family, or a local or global situation, please come to the side chapel after receiving communion. Please let them know if you would prefer they wear a mask.*

## Anthem During Communion

"If Ye Love Me"

Thomas Tallis (c. 1505–1585)

If ye love me, keep my commandments,  
 and I will pray the Father, and he shall give you another comforter,  
 that he may abide with you for ever, even the spirit of truth. [John 14:15–17]

## Hymn During Communion

"Come Down, O Love Divine"

Hymnal #516

## + Post-Communion Prayer

Eternal God, heavenly Father,  
 you have graciously accepted us as living members  
 of your Son our Savior Jesus Christ,  
 and you have fed us with spiritual food  
 in the Sacrament of his Body and Blood.  
 Send us now into the world in peace,  
 and grant us strength and courage  
 to love and serve you with gladness and singleness of heart;  
 through Christ our Lord. Amen.

*After we experience this foretaste of  
 God's great heavenly banquet, to  
 which people from every tribe and  
 nation are invited, we are sent  
 forward into the world to  
 participate in God's healing of all  
 creation. When the liturgy ends,  
 our lives of service and worship  
 continue beyond these doors, shaped  
 by how God has met us here.*



## SENDING

### + Sending of Eucharistic Visitors (*when requested*)

N., in the name of this congregation, I send you forth bearing these holy gifts, that N., to whom you go, may share with us in the communion of Christ's body and blood.

**We who are many are one body, because we all share one bread, one cup.**

### + The Extinction of the Paschal Candle

### + Blessing

May the Spirit, who hovered over the waters when the world was created, breathe into you the life he gives. **Amen.**

May the Spirit, who overshadowed the Virgin when the eternal Son came among us, make you joyful in the service of the Lord. **Amen.**

May the Spirit, who set the Church on fire upon the Day of Pentecost, bring the world alive with the love of the risen Christ. **Amen.**

And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

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### + Closing Hymn

"Holy Spirit, Ever Living"

*Hymnal #511*

### + The Dismissal

一路平安，愛並事奉我們的上帝。阿利路亞，阿利路亞！

Mennyetek bekével szeressétek és szolgáljátok az Urat. Alleluja, alleluja!

Vayan en paz para amar y servir a nuestro Dios. ¡Aleluya, aleluya!

Go in peace to love and serve our God. Alleluia, alleluia!

**Thanks be to God. Alleluia, alleluia!**

*If you are new to St. Matthew's and would like to learn more about our church, you are invited to come forward immediately after the service for a seven-minute welcome led by Joan Hershbell.*

*All are invited to come downstairs afterwards for Coffee Hour.*

*Scripture readings next week (Trinity Sunday):*

*Isaiah 6:1–8; Romans 8:12–17; John 3:1–17*



## *Announcements*

### Welcome to Guests from St. Andrew's

This Sunday the Multicultural Ministries program of the ECMN continues with an exchange with St. Andrew's Episcopal Church, a Black-majority church in North Minneapolis. Welcome!

### Faith Formation

St. Matthew's offers faith formation for all ages each week at 9:15 am during the academic year, but after today will be on break for the summer. For more information on Sunday School, please contact Mia Millares at [kids@stmatthewsmn.org](mailto:kids@stmatthewsmn.org). For more information on the Faith Forum, please contact Chris Lilley at [chrisl@stmatthewsmn.org](mailto:chrisl@stmatthewsmn.org). The Sunday Morning Book Group will continue to meet two more weeks to finish discussing their book; if you have questions, please contact Linda López at [lindablopez@gmail.com](mailto:lindablopez@gmail.com).

### Nursery

The nursery is open each Sunday. Parents are welcome to drop off their children in the nursery downstairs near the bathrooms starting at 10:15 am. This is the last week the nursery will be open before the summer.

## *Announcements (cont'd)*

### **Faithful Innovation**

Our next Faithful Innovation is during Coffee Hour **today**, as Chris Lilley and Gwen Odney will guide us in sharing our spiritual stories. They will also visit the lunch after the Wednesday Eucharists on **May 22**, and be available via email or over coffee outside of church ([chrislilley9@gmail.com](mailto:chrislilley9@gmail.com) or [gnodney@icloud.com](mailto:gnodney@icloud.com)).

### ***Babette's Feast: Reflecting on Life in the Spirit***

Join the Rev. Matt Roberts **tonight** in a discussion based on the film *Babette's Feast*, where an ostentatious French refugee and an austere pious community are surprised by the grace they find in each other. We will begin the film at 5:00 pm, and take a break when we get to the "Feast" to eat our own feast! Please email Matt at [matt.ja.roberts@gmail.com](mailto:matt.ja.roberts@gmail.com) if you would like to prepare a dish to contribute.

### **Outdoor Worship**

Beginning next **Sunday, May 26**, we will worship in the grove of trees on the north side of College Park, across the street from our church, past the playground and tennis courts. Please bring a chair or blanket to sit on. In case of bad weather, an announcement will be sent over CCB and we will return to the sanctuary.

### **Community Singalong**

The next Community Singalong with Dan Chouinard and Ann Reed is tomorrow, **Monday, May 20** at 7:00 pm. Join us! If you can help with hosting or clean-up, please email Terese Lewis at [teresemn@gmail.com](mailto:teresemn@gmail.com).

### **Trinity Sunday Cooperative Gathering**

Following our outdoor service next week on **Trinity Sunday, May 26**, all are encouraged to join St. Anthony Park faith communities for their first-ever, cooperative Holy Trinity gathering. We will meet at Centennial United Methodist Church (2200 Hillside Ave.) at 12:00 noon for a cooperative coffee hour and short prayer service, followed by a procession together to College Park with music and banners. At the park, from 1:00 to 3:00 pm, you can enjoy food, games for all ages (including a bouncy house!), music, and an opportunity to get to know people from all of our faith communities.

### **Loaves and Fishes**

Our next chance to bake treats, prepare food, and/or serve the meal at Loaves and Fishes will be **Trinity Sunday, May 26**. We still need volunteers to bake cookies or bars (sign up at [stmatthewsmn.org/loaves-baking](http://stmatthewsmn.org/loaves-baking)) or serve the meal (4:00 to 6:00 pm; sign up at [stmatthewsmn.org/loaves](http://stmatthewsmn.org/loaves)). If you have any questions, please contact Cheryl Olman, this month's coordinator, at [cheryl.olman@gmail.com](mailto:cheryl.olman@gmail.com).

### **New Members Sessions and "What Do We Believe" Series**

We will have two sessions for new members after the services on **Sundays, June 2 and 9**, so we can learn more about you and give you the chance to learn more about us, both our parish and the Episcopal Church. Afterwards, you can be formally welcomed into our parish, but you may also attend the sessions while still discerning whether St. Matthew's is your church home. On **Saturdays, June 15 and 29**, from 2:30 to 4:30 pm, we will begin a series called "What Do We Believe?" This is aimed at those adults interested in confirmation, as well as those simply wanting to ask the big questions together, allowing plenty of space for discussion and sharing of experience. The series will resume in the fall. If you are interested in any of these, or have any questions, please contact Lars in the office at [lars@stmatthewsmn.org](mailto:lars@stmatthewsmn.org).

### **Faithful Hospitality**

Faithful Hospitality is a new program where we will welcome asylum seekers to sleep in our Parish Hall during the month of July. We are organizing a schedule of volunteers to spend overnight in the church. You can sign up for one of the St. Matthew's slots at [stmatthewsmn.org/faithful-hospitality](http://stmatthewsmn.org/faithful-hospitality). If you have questions about the sign-up or the program, please contact Elaine Tarone at [eetarone@gmail.com](mailto:eetarone@gmail.com). Volunteering will require Safe Church training, which can be done online.

### **Project Home Families Need Kitchen Supplies**

Pots, pans, unbreakable bowls and dishes, cups, and utensils are needed for Project Home families moving into affordable housing. If you can donate, contact Elaine Tarone at [eetarone@gmail.com](mailto:eetarone@gmail.com) or 651-338-6155.

## *Prayer list*

**Anglican Cycle of Prayer:** The Anglican Church of Canada.

**Prayers:** Craig, Margaret, Chris and Kristine, Karen, Leon, Laura, Elizabeth, Kate, Vant, Gift, James and Barbara, Christopher, Kathy, and Corey, Kurt and Nancy, Richard, Wendy, Larry and Pam, Dorothy, Dan, Linda, Larry, Tom and Elaine, Marilyn and Peter, John, Nevin, Judy, Ruth and family, Lenny, Jewel, Steve, Ken, Pat and Juola, Michael, Don, Michele, Gail, Raquel and family.

**Deceased:** (*Parish History*) Dorothy Shepherd Morrison, Sarah M. Curtis, James Preston Houck, Frances Hilliker Pier, Robert E. Hoag, Esther Berry.

### **Spiritual Practice for Easter: Praying for Courage to Be Your Best Self**

I end my morning prayers with this entreaty: "Lord, I pray that today you will show me what is right and give me the strength and courage to do it, so that I may be the best version of myself."

Then I visualize what the best version of myself looks like. I see myself being calm, patient, kind, and cheerfully doing the work I have to do. I have found that I remember this exercise during the day, and when I find myself ruminating, procrastinating, or being brusque, I stop myself and say, "Ah, that's not the best version of me." —Ron Matross

## *Congregational Calendar*

### **Sunday, May 19 Pentecost Sunday**

- 9:15 am Sunday School (Parish Hall)
- 9:15 am Faith Forum (library)
- 9:15 am Sunday Morning Book Group (Gathering Room)
- 10:30 am Sunday Eucharist with the Baptism of Lila Tuttle (sanctuary)
- 11:45 am Coffee Hour with Faithful Innovation Spiritual Stories (Parish Hall)
- 12:00 noon Crafting and Fellowship (library)
- 5:00 pm *Babette's Feast*: Reflecting on Life in the Spirit (library)

### **Monday, May 20**

- 7:00 pm Community Singalong (Parish Hall)

### **Wednesday, May 22**

- 12:00 noon Noonday Eucharist (Parish Hall or Zoom)
- 1:00 pm Communal Lunch with Faithful Innovation Spiritual Stories (Parish Hall)

### **Saturday, May 25**

- 9:30 am Centering Prayer (library or Zoom)

### **Sunday, May 26 Trinity Sunday**

- 9:15 am Sunday Morning Book Group (Gathering Room)
- 10:30 am Sunday outdoor Eucharist (College Park)
- 11:45 am Coffee Hour with Faithful Innovation Spiritual Stories (Parish Hall)
- 11:45 am Youth Group (youth room)
- 12:00 noon Holy Trinity Prayer and Procession (Centennial Methodist)
- 1:00 pm Holy Trinity Picnic Party (College Park)
- 2:00 pm Prep at Loaves and Fishes (St. Paul Opportunity Center)
- 4:00 pm Serving at Loaves and Fishes (St. Paul Opportunity Center)

### **All weekdays**

- 8:00 am Daily Morning Prayer (Zoom)

*For more information about any of these offerings or the Zoom links,  
please email [office@stmatthewsmn.org](mailto:office@stmatthewsmn.org).*

## *St. Matthew's staff*

The Rev. Christopher Rogers, Rector, rector@stmatthewsmn.org  
The Rev. Vant Washington, Deacon, deacon@stmatthewsmn.org  
MiaLisa McFarland Millares, Director of Children's and Youth Ministry, kids@stmatthewsmn.org  
Chris Lilley, Resident for Discipleship and Engagement, chrisl@stmatthewsmn.org  
J Michael Compton, Music Director, jmichaelcompton@aol.com  
Lars Christensen, Office Manager and Communications Director, office@stmatthewsmn.org  
Fariba Sanikhatam, Bookkeeper, bookkeeper@stmatthewsmn.org

## *Wardens*

Terese Lewis, Senior Warden, lewiskiehne@gmail.com  
Barrett Fisher, Junior Warden, barrettf215@gmail.com

## *Ministry leaders*

Elizabeth O'Toole, Altar Guild  
Judy Johnson, Healing Ministry  
Marilyn Grantham and Cathy Wilkowske, Acolytes  
Gwen Odney, Readers and Prayer Leaders  
Laura Bathke, Vergers

## *Today's worship leaders*

The Rev. Matthew Roberts, deacon  
Richard Burns and Susan Hardman, English readers  
Jenny Bach (Spanish), Lucas Baron (German), Lydia Huttar Brown (German),  
Michelle Chiezah (Jamaican Patois), Jayden Christensen (Mandarin), Lars Christensen (Swedish),  
Liz Colwell (Haitian Creole), Heather Craig (German), Susan Hardman (French),  
Joan Hersbell (Italian), Mollie Jenkins (Korean), Terese Lewis (Ancient Greek),  
Mike López (Spanish), Valerie Matthews (Jamaican Creole), Tina Maynor (French),  
Karen Pfeifle (Hungarian), Christopher Sibilila (Italian), Marie Ström (Afrikaans),  
Elaine Tarone (French), Rosa Uy (Taiwanese), Pentecost readers  
Kate Reinhardt and Frances Reinhardt, prayer leaders  
Lynn Eggers, verger  
Mike Christenson and Rick Kush, ushers  
Eric Odney, crucifer  
Hana Randle and Cathy Wilkowske, torchbearers  
Karen Dickson and Martha Hotchkiss, chalice bearers  
Sarah Cole and Aine Johnson, childcare at prayground  
Liam Kiehne and Mollie Jenkins, childcare in nursery  
Heather Halker and Judy Johnson, Healing Prayer  
Warren Poole, live-streaming  
Joan Hersbell, seven-minute welcome  
Elizabeth Hosch, Coffee Hour team coordinator  
Jenny Bach and Vicki McKenna, counters  
Christopher Sibilila, cantor  
Jenny Bach, Peter Cartford, Lars Christensen, Dave Colwell, Laura Corcoran,  
Heather Craig, Elaine Eyre, Kathryn Grambsch, Kristine Granias, Lynn Jenkins, Judy Jones,  
Susan Jones, Dave McKenna, Christopher Sibilila, and Dave Wilkowske, choir



**St. Matthew's Episcopal Church**

A Neighborhood Church with a Worldwide Community

2136 Carter Avenue, St. Paul, MN 55108 + 651-645-3058 + [www.stmatthewsmn.org](http://www.stmatthewsmn.org)



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